



National Kidney Foundation™ of Illinois

University of Illinois at Chicago "Making the Connection" Partnership with the National Kidney Foundation of Illinois, Inc.

The National Kidney Foundation of Illinois is an integral partner in the "Making the Connection Healthy Living Program", a diabetes intervention initiative launched by the University of Illinois at Chicago. This community-based program identifies individuals who live on Chicago's southwest side who have a family history of diabetes, but have not yet developed the disease themselves. The program then focuses on increasing the awareness of diabetes and its complications as well as eating healthy and increasing physical activity as a means to avoid developing the disease. The NKFI offers free health screenings and participants who meet the criteria are offered a place in the program.



One participant screened at Hurley Elementary who entered into the program had this to say about this initiative: "...I like your program (the KidneyMobile®) very much since the results were returned quickly. I feel very good about the people who took care of me. They treated me well. At the same time, I also signed up for the course (Programa Viviendo Saludable: Prevengamos La Diabetes, tipo 2). I never miss a class. It is a very good program. I didn't know (about diabetes) before the class. I never imagined how much I could learn. Thank you for these programs. God bless you for teaching and informing us."*



If you are interested in being evaluated for inclusion in the program, please contact Maria Rodriguez-Sanchez at msanchez@uic.edu or [click here](#) to be redirected to UIC's website and more information on the "Making the Connection Healthy Living Program". If you would like more information on hosting the KidneyMobile at your location, please contact Lauren Zelechowski with the National Kidney Foundation of Illinois at 312-321-1500 x239 or via email to lzelechowski@nkfi.org.

* = translated from Spanish