



National Kidney Foundation[™] of Illinois

THE KIDNEYMOBILE[®] FACTS

The KidneyMobile[®] is the NKFI's statewide prevention campaign for patients, communities and primary healthcare providers.

The nation's first traveling chronic kidney disease screening program, the KidneyMobile[®]'s staff provides free diabetes, high blood pressure (the leading causes of kidney failure) and chronic kidney disease screenings, as well as educational information.

Prevention Campaign Goals

- Detect chronic kidney disease early through blood and urine screenings.
- Deter or eliminate the progression to kidney failure in patients who are in the early stages of chronic kidney disease
- Bring prominent recognition of chronic kidney disease to residents and primary care providers.
- Provide follow-up educational services in the communities visited by the KidneyMobile[®].

Bringing Prevention Tools to those most at need

- The NKFI works closely with community hospitals, dialysis clinics, health centers and community centers, as well as federally qualified health centers to provide screenings in the communities, especially African-American and Latino communities, which are at the greatest risk for developing kidney disease because of undetected or untreated diabetes and high blood pressure.
- The KidneyMobile[®] is canvassing the state's urban and rural communities with a screening and education program for patients and primary care providers that will place Illinois families at the forefront of kidney disease prevention.

KidneyMobile[®] Services

- **KIDNEY DISEASE SCREENINGS**

The NKFI partners with community clinics to provide free kidney disease screenings to their patients as well as members of the surrounding community. The kidney screening includes blood glucose and HbA1c testing, and 3 urine tests (microalbumin, hematuria and pyuria) and when possible, blood tests for kidney disease.

- **KIDNEYMOBILE[®] EDUCATION**

After the screening takes place, participants are invited on-board the KidneyMobile[®] for a tour of its museum-quality exhibits and a discussion on the basic functions of the kidney, how diabetes and high blood pressure lead to CKD and appropriate uses of exercise and diet. Participants also view a video, featuring stories of people just like them who have kidney disease.