



## National Kidney Foundation<sup>™</sup> of Illinois

### What Community Members are saying about their experience on the KidneyMobile®

*'It was really wonderful, educational and informative experience in the KidneyMobile van and test center. I had seen first time the Kidneymobile, which changed my life and wife's life. We were well educated by the KidneyMobile van. We have changed our diet, started more walking exercise especially (because) I am diabetic and hypertensive. I am taking much care to keep under control by medication, diet and exercise. Thanks a million to the KidneyMobile.'*

**Melrose Park Community Member**

*"Thank you because through the KidneyMobile program, I learned that I have to check my blood pressure continuously. When I received my results, I took them to my regular doctor and the doctor re-checked me. My doctor gave me treatment for my high blood pressure and I feel better. Thank you."*

**Charleston Community Member.**

*"I was totally blown away by the KidneyMobile® exhibit. Actually seeing how much fat and sugar were in certain products was eye opening experience. Not just for me, but for my 14 year old daughter who is also obese. We learned how to make healthier food choices. I had a real scare with the [abnormal] hematuria and am being monitored by my physician closely. If the KidneyMobile® had not caught this, God only knows how long this would have gone undetected. Thank you so much for this program."*

**Cairo Community.**

*"The staff at the screening was compassionate and thorough. While my results were somewhat discouraging, I am now aware of the seriousness of my condition. Please continue these screenings so more people can be made aware and helped."*

**Melrose Park Community Member.**

*"I learned that my e-GFR and triglycerides were abnormal for the first time...I'm very grateful and thankful that the KidneyMobile® came. It was a really big help to me [as it] was my only way to get free [care] without insurance. The people that were there were very nice and friendly. Thank you."*

**Bellville Community Member.**

*"I am very thankful to the NKFI for the free screening services. If I had not been tested that day, my kidney disease would probably have gone undiagnosed for years."*

**Chicago Community Member.**

To learn more about risk factors, prevention, and treatment contact the

National Kidney Foundation of Illinois

at (312) 321-1500 or visit [www.nkfi.org](http://www.nkfi.org) or [www.kidneymobile.org](http://www.kidneymobile.org)