



GUIDELINES for KIDNEYMOBILE®

Overview of Program

Two years ago, the National Kidney Foundation of Illinois (NKFI) launched the nation's first KidneyMobile®, a custom motor coach offering free mobile education and screening services to Illinois communities. Our mission centers on identifying individuals needing treatment for diabetes, high blood pressure, and kidney disease, as well as raising greater awareness to the complications of these diseases in hopes of preventing their development.

We offer free health screenings for hypertension, diabetes, and kidney disease. The NKFI will provide all supplies and equipment for the testing. Each participant will have a private consultation where he/she will receive the results on the day of the event. Finally, participants are invited on board the KidneyMobile® for an educational tour and short video featuring people whose lives have been touched by kidney disease.

Host-Site Expectations

- Provide space for the KidneyMobile® to park. It is 35 ft long by 15 ft high by 10 ft wide.
- Provide a room with five large tables, electrical outlets, and 30 chairs. Room should be near a bathroom for ease of access and near the KidneyMobile®.
- Provide a small room for consultations.
- Two or three volunteers must be provided by the host-site to aid with registration and tours.
- Four to six technical volunteers (medically trained) must be provided to administer blood pressure, blood sugar, and urinalysis.
- Provide a doctor or nurse practitioner to review results with participants.
- Volunteers should arrive at least 45 minutes before the screening for training by our staff.
- Maintenance should clean the bathroom midway through the event.
- This program requires aid in promoting the event as each site must attract at least 75 participants. The NKFI will provide flyers and posters to facilitate announcing the event but the best screenings have strong internal promotion.
- If special arrangements have been made for a blood draw, these results will be mailed directly to the participants by the NKFI. The blood draw is provided by the host site at the expense of the host site.
 - The blood draw includes serum creatinine with GFR calculation and a hemoglobin. Supplies for this blood draw are provided by the host site.
 - Lab work should be returned to the NKFI via email or fax within 48 hours of the blood draw.
 - Two phlebotomists must be provided by the host site.

How do we select where the KidneyMobile® visits?

Each request will be reviewed by a committee for its fit with KidneyMobile® mission and the site's ability to meet the above guidelines. All requests will receive a response within 2-3 weeks.

In order to use our resources most efficiently, the KidneyMobile®'s priority is to provide services to underserved communities, who currently have little or no opportunity for preventative screenings, and also to individuals most at risk for these diseases, specifically Latinos and African Americans. Priority is also given to organizations that can provide technical volunteers, lab work for the blood draws, and events that are focused solely on chronic kidney disease. We will be attending a limited number of health fairs this year, and will instead, concentrate our attention on offering the KidneyMobile® screening program at sites where the NKFI program is the focus. Additionally, we hope to reach an increased number of rural communities.