



## KidneyMobile® FREE Screening and Referral Program

The National Kidney Foundation of Illinois (NKFI) offers free health screenings for hypertension, diabetes, and kidney disease. **The NKFI will provide all supplies and equipment for the testing.** Each participant will have a private consultation where he/she will receive the results on the day of the event. Finally, participants are invited on board the KidneyMobile® for an educational tour and short video featuring people whose lives have been touched by diabetes and kidney disease.

In order to provide this service, the NKFI requests the following be provided for successful programs.

### Host-Site Requirements

#### 1. On-Site

- Provide space for the KidneyMobile® to park. It is 35 ft long by 15 ft high by 15 ft wide. In a parking lot, we recommend reserving six parking spots.
- Provide a LARGE room indoors with access to electrical outlets
- 10 large tables and 50 chairs
- Room should be near a bathroom and near the KidneyMobile®.
- Provide a small room for consultations.

### ***Screenings do not take place on the KidneyMobile®!***

#### 2. Volunteers

- 8-10 technical volunteers (more is helpful!) Medically trained volunteers must be provided to administer blood pressure, blood sugar, and urinalysis. *If the technical volunteers cannot be provided, please contact the NKFI office.*
- 5-6 volunteers must be provided by the host-site to aid with registration.
- 1-2 Translators (if necessary)

**Volunteers should arrive at least 1 hour before the screening for training by our staff.**

**Volunteers are asked not to leave their stations unattended and participation in the screening may occur at the close of the screening if time permits.**

#### 3. Promotion and Marketing –Goal to screen 125 community members!

- This program requires assistance in promoting the event as each site must attract at least 75-125 participants. Note: the most successful screenings are those that have strong promotion by the host site in the local community.
- Post the event in newsletters or bulletins, call your partner organizations (religious institutions, community centers, senior centers, etc) to invite their members to the screenings, and ask for your partners support in promoting the event.

**Flyers (50), press release and media advisory (upon request), will be provided by NKFI to host-sites for dissemination. Available both electronically and hard copies.**



## Prior to the event:

- Requests are received ~3 months in advance
- Conference call is hosted by the NKFI to discuss plans in details
  - Site visit is conducted to ensure adequate space if necessary
- Confirmation packets with promotion items are disseminated 6 weeks prior to the screening
- Follow-up visits and conference calls are scheduled as necessary

## On the day of the event:

- The NKFI staff will arrive about one hour and a half before the screening begins for set up.
- Each participant will be asked to sign a consent form and complete a short health history questionnaire.
- Participants will attend each station where a member of the NKFI staff or qualified volunteer will conduct the tests.
- Participants will review their results with NKFI's nurse practitioner or qualified volunteer before leaving the screening.
- Participants are invited to tour the nation's only kidney disease educational/prevention mobile unit, our KidneyMobile® and listen to the 15 minute tour.
- Participants should anticipate spending 30-45 minutes at the screening.

## Following the event:

- Each participant will receive follow-up from a NKFI staff member regarding their results to ensure participants are following their recommended next steps.
- A follow-up data report will be provided to our partners summarizing screening results.

## How do we select where the KidneyMobile® visits?

Each request will be reviewed by a committee for its fit with KidneyMobile® mission and the site's ability to meet the above guidelines. All requests will receive a response within 2-3 weeks.

In order to use our resources most efficiently, the KidneyMobile®'s priority is to provide services to medically underserved communities, who currently have little or no opportunity for preventative screenings, and also to individuals most at risk for diabetes, high blood pressure and chronic kidney disease, specifically Latinos and African Americans. Priority is also given to organizations that can provide technical volunteers, lab work for the blood draws, and events where the KidneyMobile® has prominent exposure.

**All requests will be reviewed by the KidneyMobile® Committee and evaluated for alignment with the KidneyMobile® mission, logistical considerations, ability to provide clinical volunteers, and long-term partnership as well as availability to screen in communities as we serve the entire state of Illinois. *Please note, there are times when we are not able to accommodate all requests. In this case, we ask for your support to join us at other screenings in the surrounding area.***